KEY+ CHALLENGE

NEW BEGINNINGS

We know that moving to KS3 is a big step for young people which is why we're providing the opportunity to get involved in a programme designed to help give you the very best start in KS3. It's all about making sure you feel supported, helping you to build confidence, friendships, and the skills you need to enjoy the journey ahead.

WHO WE ARE

The Key is a North East Charity committed to empowering young people across the North East, especially those growing up in poverty or navigating challenging circumstances.

WHAT YOU'LL DO

The KEY+ Challenge is a fun programme where small groups of young people, supported by a KEY+ Facilitator, take on the challenge of being in charge. Together you'll learn new skills whilst building confidence and having fun!

You'll be set the challenge to:

1. **Think** of ideas for a fun activity to do together and a team name
2. **Plan** what is needed for you to do your activity, including a £250 budget
3. **Pitch** or present your final idea to a panel of people
4. **Do** your activity if you get the go ahead from the panel
5. **Review** and reflect on your activity, learning, and development



The KEY+ Challenge helps you:

Do something fun in a small group

Strengthen friendships

Boost your skills for life

Build confidence and belief

KEY+ IN SCHOOLS



TEAM: SIGMA ADELL

This group built communication, teamwork, and problem-solving skills while helping each other on the Fox Lake inflatables.

"We all had fun and we worked well together as a team!"



TEAM: UNDERDOGS

This group developed teamwork and social skills while bowling, playing in arcades, and sharing a meal, despite not knowing each other at first.

"It has helped me improve my confidence [...and] it has helped me to think about others"